

Clinical variables affecting the marginal degradation of amalgam restorations

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The influence of different clinical variables on the marginal degradation of amalgam restorations was studied in a clinical trial of class-II amalgam restorations. Seven Scandinavian dentists using 5 different alloys placed 468 restorations in 210 patients. The marginal degradation was scored on impressions of the restored teeth by using a six-point ordinal rating scale and was transformed to ridity values. After 5 years 126 patients with 296 restorations remained in the trial. Ridity analysis and paired comparison tests utilizing the Bonferroni correction factor at each yearly interval indicated that the extent of degradation of the restoration margins was influenced by the location in the mouth, the position on the tooth, the type of alloy, and the operator. The results demonstrate that features of the cavity preparation and the handling of the material by the operator are more important for the degradation of the restoration margins than other clinical variables. □ *Amalgam degradation; clinical study; dental materials; iatrogenic effects; operative dentistry*

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Longitudinal clinical trials have demonstrated that the extent of marginal degradation of amalgam restorations is operator-dependent (1-9). The mechanism of this dependence is not established, but it has been suggested that the handling properties of the alloy and the condensation techniques of the operators may play important roles (3, 8). A longitudinal clinical study was therefore initiated with the aim of assessing the operator effect on the performance of class-II amalgam restorations.

Materials and methods

Seven general practitioners residing in Denmark, Sweden, Finland, and Norway agreed to participate in the study. Three were in private practice, two in a public health practice, and two in the school dental service. Their clinical experience varied from 15 to 30 years. Each operator randomly selected the potential participants of the study among their regularly attending patients. The only criteria given for the selection of patients was a preference for patients requiring at

least three class-II restorations. The need for restorations could be due to primary caries or to failed restorations. The material consisted at base line of 468 2- and 3-surface class-II amalgam restorations in 210 patients. One hundred and forty-seven of these were three-surface restorations. A summary of the assignment of restorations by tooth type is shown in Table 1. One hundred and six patients with 296 restorations could be followed up throughout the 5-year observation period. The age of the patients varied from 8 to 71 years, with a mean of 28 years. The oral health of each patient was estimated by their DMFS index and caries increment during the trial period. Zero to 0.5 new restorations per year indicated a low caries activity, while more than 2 new restorations per year suggested a high caries activity.

A conventional amalgam alloy and four non-gamma-2 preencapsulated alloys were selected for the study (Table 2). Each clinician used three alloys, except two operators, who used two and four alloys each. The alloys were randomly assigned to the teeth to be restored. The operators were informed not to deviate from their clinical routines

Table 1. Assignment of type of restoration by tooth type

Restoration	Maxillary premolar	Maxillary molar	Mandibular premolar	Mandibular molar	Total
MO	15(9%)	87(52%)	4(2%)	62(37%)	168
DO	70(46%)	12(8%)	45(29%)	26(17%)	153
MOD	86(58%)	17(12%)	19(13%)	25(17%)	147
Total	171(36%)	116(25%)	68(15%)	113(24%)	

Table 2. Alloys used in the present study

Alloy	Producer	Batch no.
Revalloy	SS White Ltd., U.K.	59 79 08
Amalcap	Vivadent, FRG	300879 1270
Dispersalloy	Johnson & Johnson, USA	021679 9B 809
Indiloy	Shofu Dental Corp., Japan	050378 27 7805
Tytin	SS White Ltd., U.K.	106 79 02022779

and to adhere to the manufacturers' instructions for handling of the materials. The cavities were overfilled and carved back with a Nyström carver. All restorations were finished and polished at subsequent appointments 2 to 7 days after placement.

Impressions of the teeth with the restoration in situ (Optosil/Xantopren, Bayer) were taken after polishing, at 6 months, and then yearly for up to 5 years. The impressions were examined in a stereomicroscope (Spencer American Optical) at $\times 10$. Two evaluators scored the marginal degradation directly on the impressions, using a six-point ordinal scale (Fig. 1) (7). Any differences in the scoring between the two evaluators were solved by joint agreement on one value.

Statistical analysis

Statistical analysis of the marginal degradation was performed by transforming the

categorical values to ridit scores (10). The mean ridit score for each subset was calculated relative to the categorical values of Revalloy at 3 years (Table 3). Revalloy was selected as a standard because the distribution of the values spanned the full range of the response variable—that is, the six-point scale—and because all participating dentists had used the alloy. The ridit scores for Revalloy for one of the operators have been published previously (7). Ridit analyses and paired comparison tests utilizing the Bonferroni correction factor were used to determine differences between the materials, the operators, and the patient variables (11). The ridit scores were calculated for each subset of patients with 2-, 3-, and 4-year observation periods. These were compared with the ridit scores for the restorations, which could be followed over the full 5-year observation period. This procedure would reveal any selectivity of the dropout

Table 3. Distribution and calculation of ridit scores of Revalloy at 3 years

	Categories						Total
	1	2	3	4	5	6	
Cumulative frequency	1	24	87	55	13	4	184
Ridit	0.5	14.1	60.9	90.8	97.8	100	
	0.003	0.071	0.372	0.758	0.943	0.989	

Table 4. Cumulative loss of restorations over the 5-year observation period

	Year				
	1	2	3	4	5
Observed	449	427	397	340	296
Cumulated loss					
Dropout of patients	13	25	42	88	123
Secondary caries	1	6	16	21	24
Bulk fractures	5	9	12	14	18
Tooth fractures				2	3
Extended		1	1	2	2
Margin degradation				1	2

patients and the possible influence on the average ridit scores.

Results

The loss of restorations was primarily due to patient dropout, especially children who left the school dental service (Table 4). Most of the failed restorations were replaced because of secondary caries on the proximal surfaces and because of bulk fractures (Table 4). There was no correlation between these two criteria for replacement and the ridit values of the replaced restorations. The ridit scores for each subset of patients with 2-, 3-, 4-, and 5-year observation periods are shown in Fig. 2. No statistical differences between the four subsets could be found. The ridit scores of the subsets were therefore pooled for the subsequent analyses.

Analyses on the basis of intra-oral location of the restorations show that the degradation was slightly higher on the first molars of both the upper and lower jaw than on the other teeth (Fig. 3). In general, the mandibular teeth showed less degradation than the maxillary teeth, whereas the ranking of the

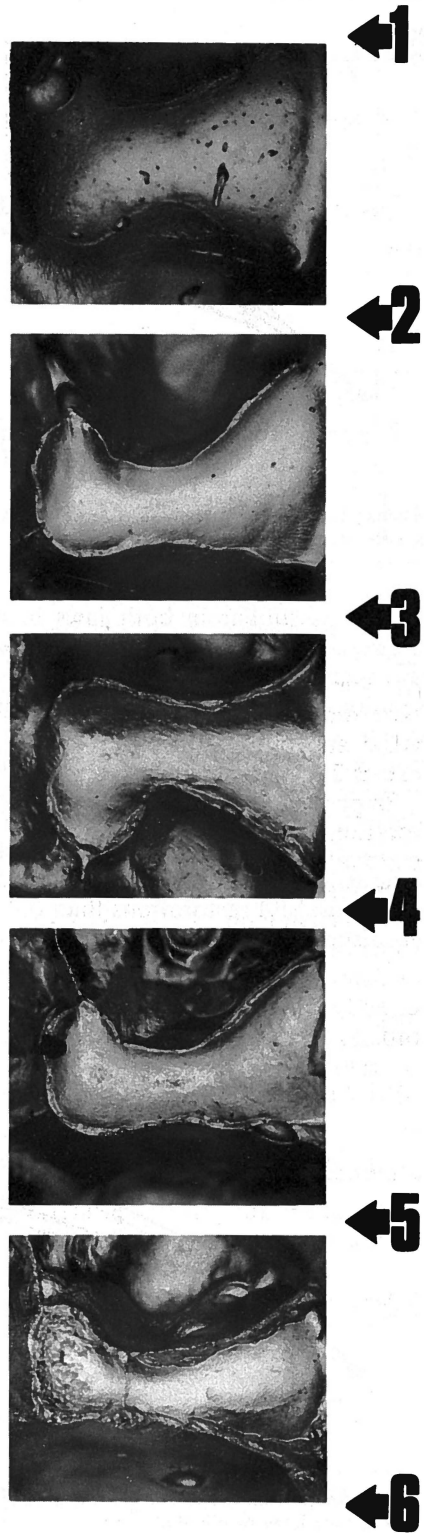


Fig. 1. The scoring system for marginal degradation evaluated on impressions of the teeth with restorations based on the scoring system developed for models (7). The numbers 1 to 6 indicate progressively larger degradation, 1 having marginal relationships equal to or better than the subjacent photograph, 2 having marginal relationships between the two adjacent photographs, and so forth; 6 denotes a marginal degradation equal to or more than on the bottom photograph.

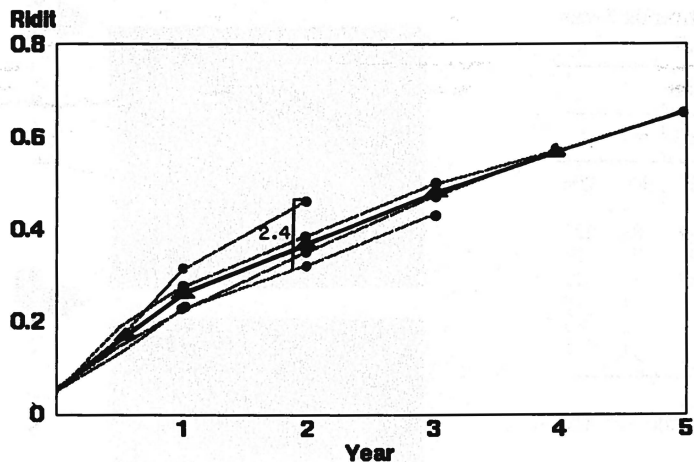


Fig. 2. The ridd means for the restorations with 0-2-years ($n = 30$), 0-3 years ($n = 57$), 0-4 years ($n = 44$), and 0-5 years ($n = 296$) observation periods, as a function of time. Forty-one restorations were lost during the first 2 years of the study. The number on the illustration at 2 years indicates the critical ratio between the mean ridds of the maximum and minimum values at this point (2-year cohorts).

Each individual paired comparison requires a critical value of 2.6 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$. The ridd score for the whole material is superimposed and marked by triangles.

teeth was similar in both jaws in that the premolars displayed more breakdown than the second molars (Fig. 3). There was no relationship between the ridd scores of the marginal degradation and the age of the patients. There was, furthermore, no relationship between the degradation and the oral health of the patients. A breakdown of the ridd scores by type of restoration indicates that the marginal degradation was higher on MO restorations than on DO restorations ($p < 0.01$) (Fig. 4).

The kinetics of the marginal degradation of the restorations varied with the type of alloy. Revalloy showed more marginal degradation than any of the other alloys from 6 months continuously up to 5 years (Fig. 5). A statistical difference could, however, only be found between Revalloy and Tytin and between Dispersalloy and Indiloy at 4 and 5 years ($p < 0.05$). A breakdown of the alloy scores by individual operators showed that one of the operators placed restorations with significantly less marginal breakdown than

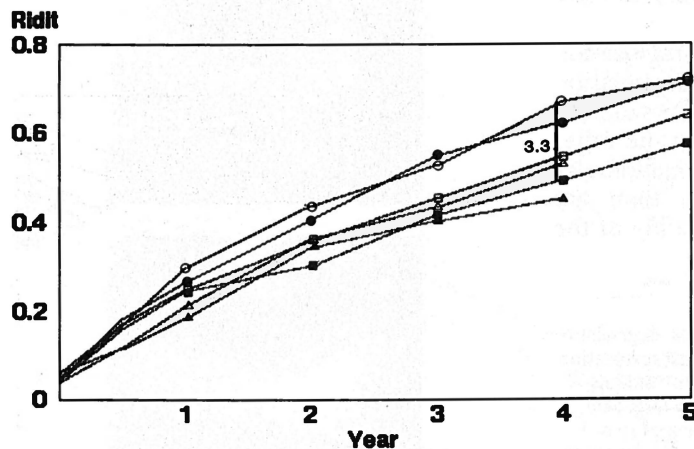
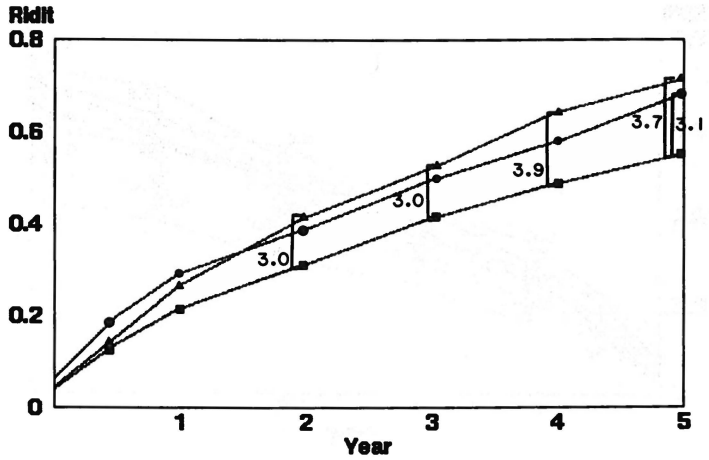


Fig. 3. The ridd means for the different teeth. Circles = first molars; triangles = second molars; squares = premolars; the ridd scores are for the maxillary teeth (open symbols, $n = 101$, $n = 15$, $n = 17$, respectively) and the mandibular teeth (closed symbols, $n = 87$, $n = 26$, $n = 68$, respectively). The number on the illustration indicates the critical ratio between the mean ridds. The individual

paired comparison requires a critical normal curve value of 2.9 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$.

Fig. 4. The ridit means for the different types of restorations.

Circles = MOD ($n = 147$); triangles = MO ($n = 168$); squares = DO ($n = 153$). The numbers on the illustration indicate the critical ratios between the mean ridits. Each individual paired comparison requires a critical normal curve value of 2.4 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$, and 2.9 for $\alpha = 0.01$.

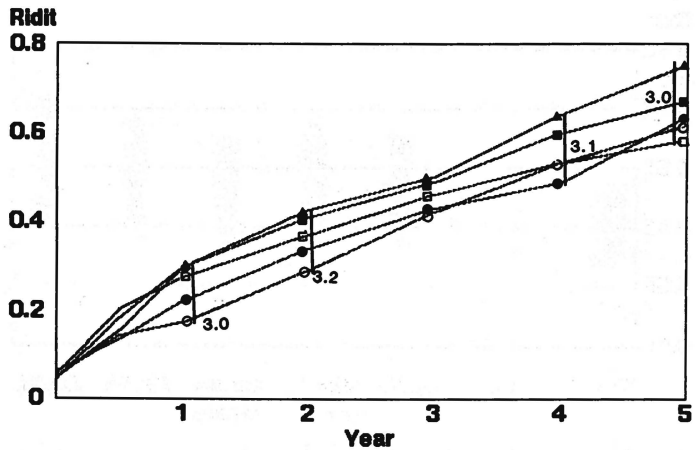


the five other operators ($p < 0.01$) (Fig. 6). One of the operators had completed only 17 restorations and was not included in the calculations. Furthermore, the marginal breakdown was lower for this operator for all three types of alloy than for all other alloys placed by the other operators ($p < 0.05$) (Fig. 7). The operator effect was stronger than the alloy effect on the marginal degradation (Fig. 8). A recalculation of the ridit scores for the different alloys, which excluded the restorations made by operator 1, increased the statistical differences between the alloys (Figs. 9 and 10).

Discussion

Clinical factors that may influence the marginal degradation of amalgam restorations, besides alloy and operator, are the effects of the patient (6, 8, 12-14) or, more specifically, the location or type of tooth (6, 7, 15-19), the type of restoration (6, 19), and the morphology of the cavity (20). The correlation between the type of tooth and marginal degradation indicates that the mandibular premolars generally show less breakdown than the other teeth and that the molars show more breakdown than the pre-

Fig. 5. The ridit means for the 5 alloys. The alloys are Revalloy = closed triangle ($n = 143$); Amalcap = closed square ($n = 85$); Tytin = closed circle ($n = 81$); Dispersalloy = open square ($n = 81$); and Indiloy = open circle ($n = 78$). The numbers on the illustration indicate the critical ratios between the mean ridits. Each individual paired comparison requires a critical normal curve value of 2.8 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$.



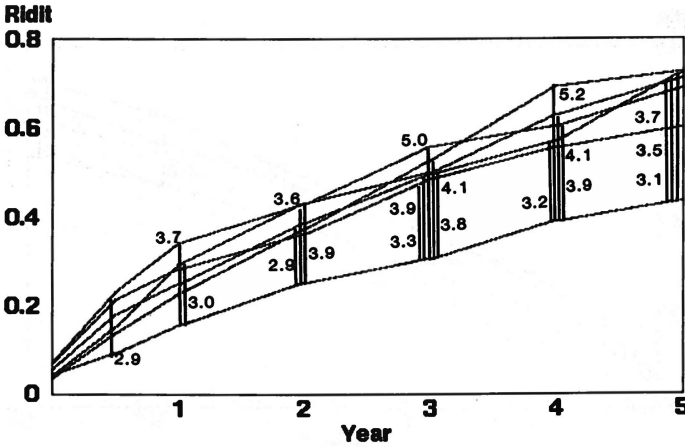


Fig. 6. The riddit means for the six different operators. The riddit means for last operators are not shown because of the low number of submitted restorations. The numbers on the illustration indicate the critical ratios between the mean riddits. Each individual paired comparison requires a critical normal curve value of 2.9 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$, and 3.4 for $\alpha = 0.01$.

molars (6, 15, 19). The higher marginal degradation specifically in the first molars than in the other teeth partially supports previous observations (15) but contrasts with the conclusions by other authors (6, 7, 19). The quality of the occlusal cavity margins did not differ in the various tooth categories with regard to the frequency of external discrepancies (21). However, some of the differences may be attributed to the greater cavity sizes in the first molars and the smaller sizes in the mandibular premolars compared

with those in the other teeth (22). The observation that DO restorations showed less marginal degradation than MO or MOD restorations is difficult to explain. Some of the differences may be the result of a greater frequency of DO restorations in the mandibular premolars than in the other teeth. On the other hand, the dimensions of the average DO cavities were larger than the MO restorations, and the frequency of cavity discrepancies higher (21, 22). To our knowledge there are no previous reports in which

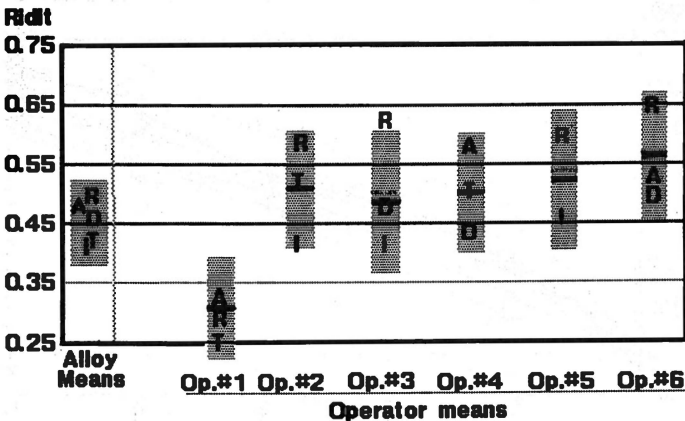
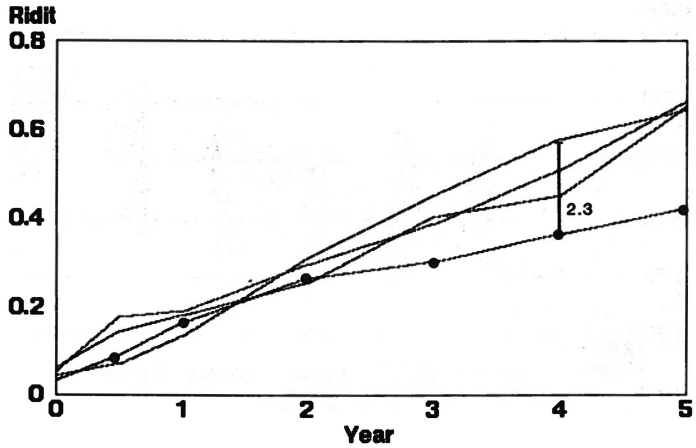


Fig. 7. The riddit means at 3 years for five alloys and for six of the operators. (One operator was excluded because of the low number of submitted restorations.) Each operator used three alloys, except operator 5, who only used two alloys. The alloys are A (Amalcap), D (Dispersalloy), I (Indiloy), R (Revalloy), and T (Tytin). The riddit means for each

operator are marked by horizontal lines. The shaded areas are the 95% confidence interval of the means.

Fig. 8. The ridit means of Revalloy placed by operator 1 (circles, $n = 24$), and the ridit means of the best performing amalgam, Indiloy, placed by three other operators ($n = 6$, $n = 25$, $n = 23$). The number on the illustration indicates the critical ratio between the mean ridits. The individual paired comparison requires a critical normal curve value of 2.2 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$.

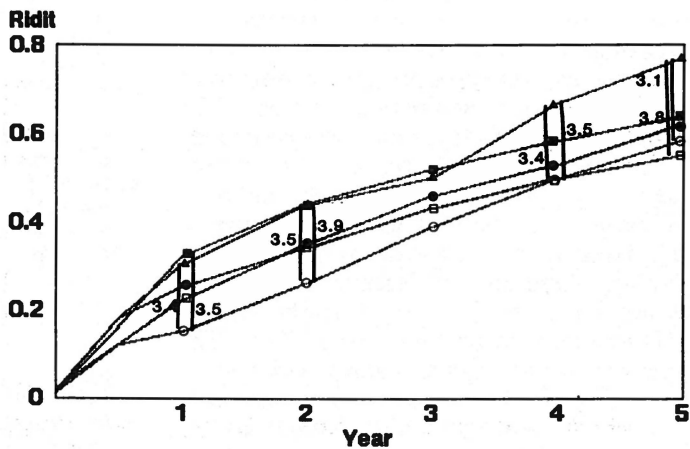


the degradation of the MO and DO restorations have been compared.

The clinical performance of the different alloys is in accordance with previous reports in that the marginal degradation was less for the non-gamma-2 alloys than for the conventional lathe-cut alloys (1-8, 20). It has been suggested that a superior material would perform better for all dentists (4, 6). This hypothesis was strengthened by the present findings. However, the suggestion that the clinical performance of non-gamma-

2 alloys is less susceptible to operator variations (4) was not supported by the results, since all alloys performed relatively equally for five of the operators. Furthermore, the clinical performance of the restorations placed by one of the operators indicates that any type of amalgam will perform well in the hand of a proficient dentist. That the operator effect can be greater than the alloy effect is not supported by previous reports involving four operators (6) and two operators (8). The observation is, on the other

Fig. 9. The ridit means for the 5 alloys excluding operator 1. The alloys are Revalloy = closed triangle ($n = 117$); Amalcap = closed square ($n = 60$); Tytin = closed circle ($n = 59$); Dispersalloy = open square ($n = 82$), and Indiloy = open circle ($n = 80$). The numbers on the illustration indicate the critical ratios between the mean ridits. Each individual paired comparison requires a critical normal curve value of 2.8 according to the Bonferroni criterion to be at a significance level of $\alpha = 0.05$. (Compare with Fig. 5.)



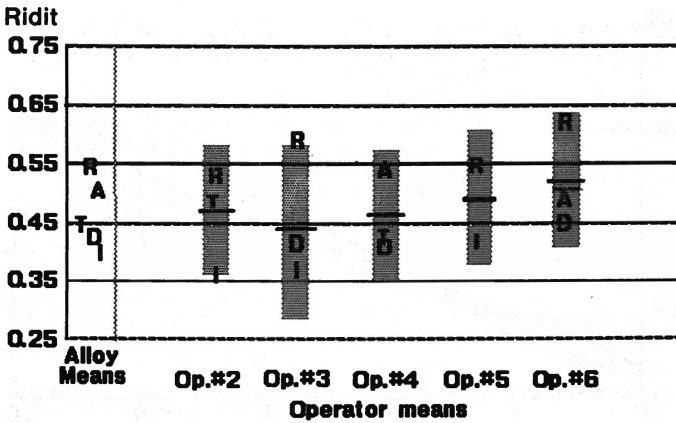


Fig. 10. The ridit means at 3 years for the five operators and five alloys after exclusion of the restorations placed by operator 1. Each operator used three alloys, except operator 5, who only used two alloys. The alloys are A (Amalcap), D (Dispersalloy), I (Indiloy), R (Revalloy), and T (Tytin). The ridit means for each operator are marked

with horizontal lines. The shaded areas are the 95% confidence interval of the means. (Compare with Fig. 7.)

hand, similar to a clinical trial in which one of three participating members of the faculty placed restorations that were consistently superior (1). There was no diminution of the operator effect on the marginal degradation rate, as reported previously in a study with two operators (5). The reason for the superior clinical performance of the restorations placed by one of the operators was not clear. The operator variables that may possibly affect the kinetics of the marginal degradation in clinical trials are the trituration time (7, 23), the condensation techniques (24), the use of rubber dam (25), technique for carving, burnishing, and polishing (26–32), and the use of varnish (33). Although a patient effect may be present, this was not reflected by the demographic data or by the oral health of the patients. The proportioning and trituration was controlled by the operators' adherence to the manufacturers' instructions. All cavities had been prepared and restored without the use of rubber dam, and the use of varnish was compulsory. Operator differences have been shown not to be dependent on the type of condensation instrument used (24). The operator variables in this study which influenced the clinical behavior are therefore probably the final condensation and surface treatment of the surface and the amalgam margins. Further studies will possibly ascertain whether the improved clinical per-

formance is the result of features of the cavity preparations or is caused by an improved proficiency in the handling of amalgam.

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